

# **Love-Based Goals Circle with MichelePW**

## **Writing Training**

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1. Find and block off 15 minutes to work on your book every day.
2. Create some sort of outline or road map so you aren't trying to constantly figure out what you're doing that day. (Note, you can use your 15 minutes to create your outline, the point is to be working on your book for 15 minutes a day)
3. Commit to working on your book each day.
4. Don't worry if the outline isn't perfect or if it changes. The point is simply to give you a road map to keep you on track with your book so you're not staring at a blank document wondering what to do.